

2021 GRATITUDE REPORT



Thankyou



CHEO is constantly evolving to better serve children, youth and families. Equipment is upgraded with the latest technology, new inhospital programs are made available to patients, and researchers work tirelessly to make the ground-breaking discoveries that will change treatment and outcomes for patients today and tomorrow. **But we can't make these improvements without you.**

Steve Read Acting President and CEO Vice President, Finance and Administration CHEO Foundation So much of this growth is happening because of you, our donors. Every dollar that is donated goes towards improving care at CHEO, the CHEO Research Institute and Roger Neilson House. In these difficult times the generosity of the donor community has only grown, it is truly inspiring. Thank you on behalf of our team and especially the families who rely on help being there when they need it most. You make that possible.

We are accomp year, all support building h teenagers

We are excited to present some of the accomplishments at CHEO this past year, all possible thanks to your generous

support. Because of you, CHEO can continue building healthier futures for infants, children and teenagers in our region and beyond.

Gratitude

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Patients and families Description of the second se

Investments from generous donors have furthered CHEO's mission to transform mental healthcare through the Choice and Partnership Approach (CAPA). A concrete example is in the Rapid Response pathway for children and youth with urgent mental healthcare needs. Young people presenting to CHEO's Emergency Department or to CHEO's Community partners receive a follow-up phone call within 24 to 72 hours so that the right resources can be identified for each case. When an appointment is needed, a CHEO mental health clinician will see that child or youth in no more than 14 days.

Since the start of the Rapid Response program in May of 2020, 530 patients have been seen.

A pathway has also been developed to allow for discharged inpatients to move smoothly to outpatient follow up, which facilitates well-supported discharges. These more urgent response solutions have been very successful.

Bringing down wait times and coordinating the care available depending on need and severity is the goal of everyone working with children and youth facing a mental health challenge.

Dedication and generous donations are building the right systems, like Rapid Response, donors are part of the team shortening the journey to mental health.



Experience soothesandstrengthens Caregivers

CHEO is dedicated to supporting the future, both for our patients and for our staff. Generous donations help CHEO maintain a focus on the next generation of medical professionals by funding programs like the Clinical Resource Nurse position on 4North. This inpatient oncology ward performs delicate work, treating fragile patients with expert skill.

New staff coming to CHEO are highly trained, but the reality of day-to-day work on a ward like 4North can be intimidating. Even veteran CHEO nurses can find 4North unfamiliar. To sooth nerves and maintain the highest level of care, experienced clinical nurses are there to support new nurses and reduce the burden on senior staff. Whether supervising clinical skills development for complex procedures, maintaining consistency in standard of care for specific duties like caring for central lines or reassuring families that the newer staff are being observed and helped, the clinical expertise of these nurses supports the patients, families and staff.

Donors are truly part of the world-class team at CHEO, part of training medical staff and elevating standards, and part of the family-centered care that makes CHEO so special.



TRY TO BE A RAINBOW

CLOUD

in Someone's



Researchfindingsin COVID-19 has brought so many challenges, but with creativity and the generosity of this community it has also brought advances in science. Wastewater

The Ottawa wastewater surveillance team was one of the first labs in the world to report daily levels of viral RNA from SARS-CoV-2 (COVID-19) on a publicly accessible website 613covid.ca/ wastewater at the outset of the pandemic in 2020; a game changing innovation that was replicated worldwide. The CHEO RI/uOttawa team helped lead the country in developing tests specific to COVID-19 variants. The Ottawa team helped in building a \$12 million Ontario-wide Surveillance Initiative that came into practice in Fall of 2020.

As of summer 2021, all 34 public health units in Ontario had joined the initiative with about 160 sampling locations covering over 80 percent of the provincial population. CHEO scientists continue to adapt and improve their process, hoping to apply the idea to tracking other viruses.

was a term unknown to most just a few years ago. Fortunately, the CHEO Research Institute is home to scientists who understand the power of wastewater surveillance. Dr. Alex MacKenzie and Dr. Tyson Graber joined the initiative led by University of Ottawa engineering professor Robert Delatolla to pioneer a multidisciplinary team to use wastewater surveillance to monitor the levels of COVID-19 in our community. When the virus that causes COVID-19 enters the body and is shed in the intestine, it passes into the water supply with each flush of the toilet. By measuring the level of SARS CoV-2 in any city's wastewater system, you can gauge how much COVID-19 activity there is in that area.

Donors who fuel the cuttingedge research at CHEO today also help to address the issues of tomorrow. This example highlights the importance of well-funded labs staffed by innovative investigators.

Peeremotionalempowerment andprogramofsupport

In the most difficult times, your investment helped CHEO staff lean on each other. When the work of critical front-line workers from departments like PICU, NICU, the Transport Team and those on wards such as inpatient oncology (4North) and the Medical Day Unit (MDU) met with changes and adjustments due to COVID-19, difficult jobs became even harder.

To help these dedicated people do their jobs well, especially during traumatic times, the Peer Emotional Empowerment Program of Support (PEEPS) was developed, thanks in part to donor dollars. Any individual or team needing one-on-one or group services following a stressful event or in preparation for anticipated challenges had access to consultation with facilitators from Spiritual Support services. Timely in-house emotional support not only promotes emotional and spiritual well-being for staff, but it also increases coping skills and the ability to guide families during a crisis.



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CHEO's surgical team requires up-to-date imaging equipment when performing surgery on patients ranging from the tiniest babies to the tallest teen. The right tools can improve the accuracy of procedures, decrease procedure time and increase overall success for patients.

A key piece of this vital surgical equipment is the Mobile C-arm Fluoroscopy unit which operates on the basic principle of X-ray technology. It is given its name "C-arm," because the X-ray tube and Flat Panel Detector are connected by a C-shaped arm. This semi-circular design allows imaging to occur in multiple angles and allows for maneuverability that is required for sterile surgical guidance.





Working alongside the surgeons, the C-arm is operated by a Medical Radiation Technologist (MRT) providing high resolution images during surgery. Surgeons can see inside hardware, stents and devices, as well as assess bones and soft tissue structures. Thanks to the real-time imaging that a C-arm provides, the progress of the procedure and make decisions as they go.

Fluoroscopic C-arms are used in orthopedic surgery, urology, general surgery, neurology, trauma/emergency, and interventional procedures. The mobile C-arm can be moved from room to room, allowing technologists to support surgeries in the eight operational suites at CHEO.

Having updated imaging technology the body to better place is particularly important at CHEO, as new developments occur in technology, the lowest radiation dose is always preferred (especially surgeon can monitor the in the pediatric population). With new advances in up-to-date equipment, the radiation dose is lessened while imaging resolution and detail are optimized.



Fibroscan

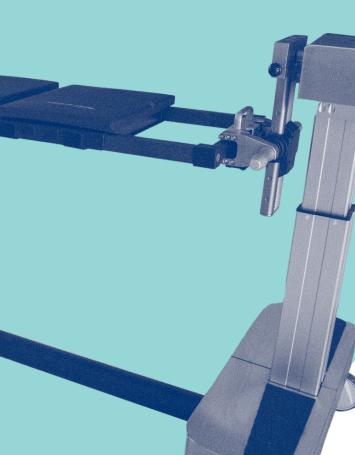
Liver disease can affect children and youth for a number of reasons including epilepsy, obesity and side effects from medications to treat cancer, rheumatoid arthritis, skin conditions and other diseases. Finding out why a young patient's liver is damaged used to require an invasive biopsy that carries the risk of complications. Donor dollars helped CHEO purchase a fibroscan, giving staff and patients a gentler option. A fibroscan uses a process similar to ultrasound technology to send waves through the liver to measure how elastic or flexible the liver is. When the liver is in distress there is often scarring, fibrosis or fat build-up which causes stiffness, reduces liver function and can be very serious.

This equipment makes a huge difference in the treatment of some patients, helping just one doctor perform over 150 liver tests each year. In lieu of a biopsy procedure, testing with a fibroscan can be done in clinic in about 10 minutes and results are available to the team right away. This is one way that donors are giving babies, children and youth at CHEO access to the best and most gentle treatment available.

ECMO

Extracorporeal membrane oxygenation (ECMO) machines become the heart and lungs for CHEO's patients. They pump blood outside the body to a machine that removes carbon dioxide and sends oxygen-filled blood back to tissues in the body. Blood flows from the right side of the heart to the membrane oxygenator in a heart-lung machine, and then is rewarmed and sent back to the body. This method allows the blood to "bypass" the patient's own heart and lungs, giving their organs time to rest. ECMO is used in critical care situations, when the heart and lungs need help. Whether the patient is facing a critical injury or serious disease, this vital piece of equipment, along with specialized staff, keeps patients alive.

Spinetable CHEO's surgeons must have the right tools to help patients in the operating room. For orthopedic surgeons a spine table is one of these tools. They make positioning the patient easier which creates better access, visibility and control for the medical team during a procedure. Orthopedic surgeons are thrilled to have this advanced technology available to them while performing intricate spine operations on patients in all stages of growth.



Endoscopic Ultrasound to relative the layers of the bowel wall and surrounding structures. This is helpful when treating inflammatory bowel diseases such as Crohn's disease (CD) and Ulcerative colitis (UC) where intestines become chronically inflamed and ulcerated. In UC cases. an EUS can measure how deep the inflammation is, and better assess the severity of the disease. Using the depth of inflammation is one way to predict how a patient will respond to medical therapy. The EUS is also able to measure how much scarring there is in the intestine from inflammation, termed 'fibrosis', which may also help determine whether someone will respond to treatment. CHEO is very fortunate to have endoscopic ultrasound thanks to donor generosity.

Infantscale

Designed with the unique needs of babies in mind, pediatric scales have contoured shapes to cradle small bodies and surface materials made for delicate skin. Being safe and comfortable helps the scales capture accurate and efficient weight measurement for our youngest and smallest patients who don't always want to stay still.





Boardofdirectors

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Statement of Management's Responsibility for Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Foundation's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management intends to liquidate the Foundation or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Foundation's financial reporting process. The Board carries out this responsibility principally through its Finance Committee, whose members are appointed by the Board.

The Finance Committee meets with management and the external auditors to discuss internal controls over the financial reporting process, auditing matters and financial reporting issues, and to satisfy itself that each party is properly discharging its responsibilities. The Finance Committee reports its findings to the Board for consideration when approving the financial statements for issuance to the members in the Annual Report.

Steve Read Acting President and CEO Vice President, Finance and Administration CHEO Foundation

Children's Hospital of Eastern Ontario Foundation Incorporated under the laws of the Province of Ontario As at December 31 LISO 2021 Assets P Current Cash and cash equivalents 11.567.869 Short-term investments 7.180.825 Interest and other receivables 1.380.858 Prepaid expenses 20.240 20,149,792 Total current assets ANG 118,980,036 Long-term investments 79,771 Capital assets, net 122,450 Other assets 139.332.049 **HIN Liabilities and Fund Balances** Current Γ**Ι** Accounts payable and accrued liabilities 8,343,415 Total current liabilities 8,343,415 **Fund balances IEN** General Fund 37.096.350 **Restricted Fund** 43.165.684 Endowment Fund 50,726,600 **Total fund balances** 130,988,634 139,332,049

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	\$

9,300,309
2,516,642
1,591,579
7,949
13,416,479
94,377,352
73,452
122,450
107,989,733

5,290,032	
5,290,032	

24,998,094	
29,003,941	
48,697,666	
102,699,701	
107,989,733	

Statementofoperationsandchangesinfundbalances

Children's Hospital of Eastern Ontario Foundation

Year ended December 31

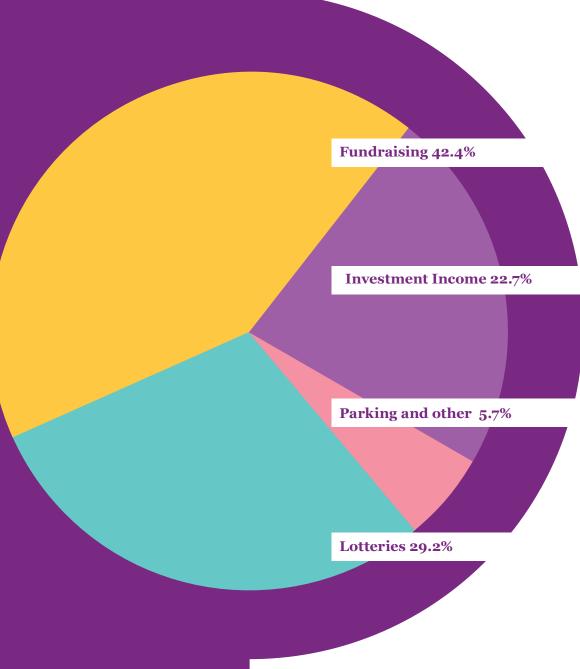
	General Fund		Restricted Fund		Endow	Endowment Fund		Total
	2021	2020	2021	2020	2021	2020	2021	2020
	\$	\$	\$	\$	\$	\$	\$	\$
Revenue								
Lotteries	17,387,540	12,596,770	_	13,335	_	_	17,387,540	12,610,105
Fundraising	16,818,507	15,242,710	8,171,962	7,088,078	216,326	527,245	25,206,795	22,858,033
Investment income	10,598,632	5,203,386	1,204,397	627,524	1,700,032	859,077	13,503,061	6,689,987
Parking and miscellaneous revenue	3,377,422	2,493,376	_	_	_	_	3,377,422	2,493,376
	48,182,101	35,536,242	9,376,359	7,728,937	1,916,358	1,386,322	59,474,818	44,651,501
Expenses								
Direct expenses	11,839,623	7,973,570	_	25,069	_	_	11,839,623	7,998,639
Revenue, net of direct expenses	36,342,478	27,562,672	9,376,359	7,703,868	1,916,358	1,386,322	47,635,195	36,652,862
Indirect expenses								
Other fundraising expenses	3,971,766	3,383,713	_	_	_	_	3,971,766	3,383,713
Administrative expenses	1,522,296	1,402,610	_	_	_	_	1,522,296	1,402,610
Excess of revenue over expenses before grants	30,848,416	22,776,349	9,376,359	7,703,868	1,916,358	1,386,322	42,141,133	31,866,539
Grants to Children's Hospital of Eastern Ontario, Children's Hospital of Eastern Ontario Research Institute and Roger Neilson House								
Capital and programs	_	_	13,728,345	20,731,407	-	_	13,728,345	20,731,407
Contribution of services	_	_	123,855	236,529	_	_	123,855	236,529
	-	_	13,852,200	20,967,936	_	_	13,852,200	20,967,936
Excess (deficiency) of revenue over expenses and grants for the year	30,848,416	22,776,349	(4,475,841)	(13,264,068)	1,916,358	1,386,322	28,288,933	10,898,603
Fund balances, beginning of year	24,998,094	18,683,317	29,003,941	26.061.345	48,697,666	47,056,436	102,699,701	91,801,098
Interfund transfers	(18,750,160)	(16,461,572)	18,637,584	16,206,664	112,576	254,908		
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Statementofcashflows

Children's Hospital of Eastern Ontario Foundation

	2021 \$	2020 \$
Operating activities		
Excess of revenue over expenses before grants	28,288,933	10,898,603
Add (deduct) items not affecting cash		
Amortization Investment income	29,953 (13,439,725)	16,912 (6,545,039)
Donated shares	(13,439,723) (911,647)	(1,006,122)
Other non-cash items	48,233	26,772
	14,015,747	3,391,126
Net change in non-cash working capital balances related to operations	3,251,813	1,503,134
Cash provided by operating activities	17,267,560	4,894,260
Investing activities		
Deposits to externally managed investments	(15,000,000)	(9,000,000)
Cash used in investing activities	(15,000,000)	(9,000,000)
Net increase (decrease) in cash during the year	2,267,560	(4,105,740)
Cash and cash equivalents, beginning of year	9,300,309	13,406,049
Cash and cash equivalents, end of year	11,567,869	9,300,309



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Donorbillofrights

To assure that our donors and prospective donors can have full confidence in the CHEO Foundation we declare that all donors have the following rights:

- 1. To be informed of the CHEO Foundation's mission, of the intended use for donated resources, and of the capacity for donations to be used effectively for their intended purpose.
- 2. To be informed of the identity of the CHEO Foundation's governing board, and to expect the board to exercise prudent judgement in its stewardship responsibilities.
- 3. To have access to the CHEO Foundation's most recent financial statements.
- 4. To be assured their gifts will be used for the purposes for which they were given.
- 5. To receive appropriate acknowledgement and recognition.

- 6. To be assured that information about their donations is handled with respect and with confidentiality to the extent required by law.
- 7. To expect that all relationships with individuals representing organizations of interest to the donor will be professional in nature.
- 8. To be informed whether those seeking donations are volunteers, employees of the CHEO Foundation, or hired solicitors.
- 9. To have the opportunity for their names to be deleted from mailing lists.
- 10. To feel free to ask questions when making a donation and to receive prompt, truthful and forthright answers.



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is so Secret... I don't know at I'm doing!